

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

<i>Week One</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Fruit Compote with Greek Or Dairy Free Yoghurt	Banana Bread	Seasonal Fruit Platter
<i>Lunchtime Main Meal</i>	Sweet & Sour Chicken 	Macaroni Cheese	Pork & Five Bean Chilli 	Roast Turkey Breast 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Sweet & Sour Quorn 	Dairy Free Fresh Basil Pesto	Mixed Vegetable & Five Bean Chilli 	Stuffed Peppers with Mediterranean Couscous	Quorn 'Fishless' Fingers 
<i>On the Side</i>	Rice, Cauliflower & Carrots	Steamed Broccoli & Sweetcorn Served with Garlic Slice	Rice, Green Beans & Garden Peas	Roasted Sweet Potato, Savoy Cabbage & Leeks Served with Gravy	Roasted New Potatoes, Garden Peas & Sweetcorn
<i>Dessert</i>	Jam Sponge Served with Cream	Chocolate & Coconut Pudding	Apple Crumble Served with Vanilla Custard	Greek or Dairy Free Yoghurt Served with a Fruit Compote	Beetroot Brownie Bites
<i>Afternoon Snack</i>	Cucumber & Mixed Pepper Sticks Homemade Red Onion Dip	Selection of Finger Sandwiches	Rice Cakes or Cream Crackers with Soft Cheese Or Vegan Slices	Cucumber & Carrot Sticks, Guacamole & Pitta Pieces	Cheese, Carrot & Chive Or Carrot & Chive Scones
<i>Afternoon Tea</i>	Butternut Squash & Sweet Potato Soup Served with Freshly Baked Garlic Pieces	Chunky Jacket Wedges Served with Baked Beans & Grated Cheese	Mini Vegetable Cornish Pasties	Cheese & Mushroom Cakes	Fresh Tomato Pasta Bake



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<i>Week Two</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Greek or Dairy Free Yoghurt Served with Fruit Compote	'Boost it' Homemade Granola Flapjack	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Beef & Red Lentil Cottage Pie 	Mild Chicken Korma Curry 	Mixed Vegetable & Pesto Pasta Served with a Garlic Slice	Herb Roasted Chicken Thigh 	Fresh Salmon Fish Cakes
<i>Lunchtime Meat Free</i>	Cauliflower & Red Lentil Cottage Pie 	Vegetable & Split Pea Dahl 		Mixed Bean Cassoulet 	Carrot, Sweetcorn & Chickpea Savoury Pancake 
<i>On the Side</i>	Sweetcorn & Roasted Courgette	Steamed Rice, Cauliflower & Broccoli with Naan pieces	Roasted Carrots & Garden Peas	Roasted New Potato, Green Cabbage & Roasted Butternut Squash Served with Gravy	Steamed New Potatoes, Broccoli & Cauliflower
<i>Dessert</i>	Cherry Sponge Bite	Greek or Dairy free Yoghurt with a Homemade Fruit Compote	Orange Jelly	Shortbread Bites	Banana & Chocolate Sponge Served with Fresh Cream
<i>Afternoon Snack</i>	Sliced Mixed Pepper & Cucumber Sticks, Pitta Bread Pieces & Beetroot Hummus 	Rice Cakes or Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Toasted Tea Cake with Unsalted Spread	Cucumber & Carrot Sticks, Pitta Bread Pieces & Tzatziki
<i>Afternoon Tea</i>	Fresh Tomato & Basil Soup Served with Freshly Baked Bread 	Carrot, Courgette, Potato & Mixed Pepper Frittata	Turkey Meatballs Or Lightly Spiced Chickpea Falafels Served with Rice & Tomato Sauce 	Vegan Sloppy Joe's	Chunky Jacket Wedges Served with Baked Beans & Grated Cheese



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<i>Week Three</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Greek Or Dairy free Yoghurt with a Homemade Fruit Compote	Country Slice	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Tuna Pasta Bake 	BBQ Chicken 	Cumberland Sausages Served with Gravy	Mild Chicken Tikka Masala 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Lightly Spiced Butternut Squash & Spinach Orzo 	Mixed Vegetable & Chickpea Ratatouille 	Vegetarian Sausages	Cauliflower, Spinach & Potato Saag	Cheese & Mixed Bean Burrito 
<i>On the Side</i>	Steamed Green Beans & Sweetcorn	Mixed Pepper Rice, Roasted Carrots & Peas	Mashed Potato, Cauliflower & Savoy Cabbage	Steamed Rice, Broccoli & Roasted Carrots	Roasted New Potatoes, Peas & Sweetcorn
<i>Dessert</i>	Bananas & Custard	Greek Or Dairy free Yoghurt with a Homemade Fruit Compote	'Boost it' Carrot & Parsnip Cake Bite	Apple Crumble Served with Vanilla Custard	Orange Fruit Jelly
<i>Afternoon Snack</i>	Cucumber Sticks, Pitta Pieces with Chickpea & Red Pepper Dip 	Rice Cakes or Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Carrot & Sweetcorn Pancakes	Vegetable Sticks, Pitta Pieces & Minted Pea Guacamole 
<i>Afternoon Tea</i>	Sweet Potato & Split Pea Curry Served with Rice 	Chunky Jacket Wedges Served with Baked Beans & Grated Cheese	Cheese & Tomato Wholemeal Pasta Bake	Lightly Spiced Carrot & Coriander Soup With Homemade Parsnip Focaccia	Turkey Bolognese Or Cauliflower & Mushroom Bolognese 