

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

<i>Week One</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Fresh Strawberries with Natural Yoghurt	Banana Bread	Seasonal Fruit Platter
<i>Lunchtime Main Meal</i>	Creamy Garlic, Chicken & Sweetcorn 	Macaroni Cheese	Swedish Style Homemade Pork Meatballs	Roast Turkey Breast 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Mixed Vegetable & Chickpea Ragout 	Dairy Free Fresh Basil Pesto	Root Vegetable & Mixed Bean Cassoulet 	Roasted Vegetable Savoury Turnovers	Quorn 'Fishless' Fingers
<i>On the Side</i>	Rice, Cauliflower & Carrots	Steamed Broccoli & Sweetcorn	Mashed Potatoes, Green Beans & Garden Peas	Roasted Sweet Potato, Savoy Cabbage & Leeks Served with Gravy	Roasted New Potatoes, Garden Peas & Sweetcorn
<i>Dessert</i>	Jam Sponge Served with Fresh Cream	Watermelon Slices	Apple Crumble Served with Vanilla Custard	Natural Yoghurt Served with a Peach Compote	Beetroot Brownie Bites
<i>Afternoon Snack</i>	Cucumber & Mixed Pepper Sticks Homemade French Onion Dip	Selection of Finger Sandwiches	Cream Crackers with Soft Cheese Or Vegan Slices	Cheese, Carrot & Chive Or Carrot & Chive Scones	Cucumber & Carrot Sticks, Guacamole & Pitta Pieces
<i>Afternoon Tea</i>	Butternut Squash & Sweet Potato Soup Served with Freshly Baked Garlic Pieces	Chunky Jacket Wedges Served with Homemade Baked Beans & Grated Cheese	American Style Pancakes Served with Sliced Bananas & Chocolate Sauce	Halloumi & Chickpea Butter Curry Served with Basmati Rice 	Mascarpone & Fresh Tomato Pasta Bake Topped with Mozzarella



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

<i>Week Two</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Natural Yoghurt Served with Sliced Peaches	'Boost it' Homemade Granola Flapjack	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Beef & Red Lentil Bolognese 	Mild Chicken Korma Curry 	Mixed Vegetable Lasagne Topped with Mozzarella	Garlic & Herb Roasted Chicken Thigh 	Fresh Salmon Fillets
<i>Lunchtime Meat Free</i>	Cauliflower & Red Lentil Bolognese 	Vegetable & Split Pea Dahl 	Mushroom Stroganoff Served with Wild Rice	Mixed Bean Cassoulet 	Carrot, Sweetcorn & Chickpea Savoury Pancake 
<i>On the Side</i>	Pasta, Sweetcorn & Roasted Courgette	Steamed Rice, Cauliflower & Broccoli	Roasted Carrots & Garden Peas	Roasted New Potato, Green Cabbage & Roasted Butternut Squash Served with Gravy	Creamy Mash Potato, Steamed Garden Peas & Green Beans
<i>Dessert</i>	Mixed Fruit & Ginger Sponge Bite	Natural Yoghurt with a Homemade Fruit of the Forest Compote	Watermelon Slices	Raisin Shortbread Bites	Banana & Chocolate Sponge Served with Fresh Cream
<i>Afternoon Snack</i>	Sliced Mixed Pepper & Cucumber Sticks, Pitta Bread Pieces & Beetroot Hummus 	Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Toasted Tea Cake with Unsalted Spread	Cucumber & Carrot Sticks, Pitta Bread Pieces & Tzatziki
<i>Afternoon Tea</i>	Lamb Con Carne Or Mixed Bean Vegetable Chilli Served with Rice 	Fresh Tomato & Basil Soup Served with Homemade Wholemeal Cottage Loaf	Homemade Pork Sliders Or Vegetable Sliders Served with Freshly Baked Bread & Cucumber Sticks	Turkey Meatballs Or Lightly Spiced Chickpea Falafels Served with Rice & Tomato Sauce 	Vegetable Laksa Served with Rice Noodles



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

<i>Week Three</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Natural Yoghurt Served with a Homemade Blueberry Compote	Country Slice	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Broccoli & Cheese Pasta Bake	BBQ Chicken Thighs 	Cumberland Sausages Served with Gravy	Mild Chicken Tikka Masala 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Mixed Vegetable & Chickpea Ratatouille 	Lightly Spiced Butternut Squash & Spinach Orzo Pasta	Vegetarian Sausages	Cauliflower & Potato Saag	Cheese & Mixed Bean Burrito 
<i>On the Side</i>	Steamed Green Beans & Sweetcorn	Mixed Pepper Rice, Roasted Carrots & Peas	Mash Potato, Cauliflower & Green Beans	Steamed Rice, Broccoli & Roasted Carrots	Roasted New Potatoes, Peas & Sweetcorn
<i>Dessert</i>	'Boost it' Mixed Berry Upside Down Cake Bite	Natural Yoghurt with a Homemade Fruit of the Forest Compote	'Boost it' Carrot & Parsnip Cake Bite	Apple and Plum Crumble Served with Vanilla Custard	Orange Fruit Jelly
<i>Afternoon Snack</i>	Cucumber Sticks, Pitta Pieces with Chickpea & Red Pepper Dip 	Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Cheese Or Vegan Cheese Pinwheels	Summer Vegetable Platter, Pitta Pieces & Minted Pea Guacamole 
<i>Afternoon Tea</i>	Sweet Potato, Butternut Squash & Split Pea Curry Served with Naan Pieces 	Cheese & Spring Onion Or Vegan Cheese & Spring Onion Loaded Jacket Skins	Cannellini Beans in a Homemade Tomato & Red Pepper Sauce with a Fresh Wholemeal Loaf	Lightly Spiced Carrot & Coriander Soup With Homemade Parsnip & Multigrain Focaccia	Turkey Lasagne Or Cauliflower & Mushroom Lasagne 