All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

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Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Selection of Whole Fruit	Homemade Malt Loaf	Fresh Strawberries with Natural Yoghurt	Homemade Oat Biscuits	Mixed Melon Slices
Lunchtime Main Meal	Lebanese Chicken Flatbread Served with a Red Cabbage Slaw & Yoghurt Dressing	Three Cheese Tortellini	Cumberland Sausages Served with Red Onion Chutney	Roasted Loin of Pork Served with Homemade Apple Sauce	Hand Battered Fish
Lunchtime Meat Free	Garlic & Coriander Falafel With Charred Pitta Red Cabbage Slaw & Yoghurt Dressing	Sun Blushed Tomato & Olive Pasta au Gratin	Red Onion & Blue Cheese Tarte Tatin	Lentil Loaf	Quorn Frankfurter Hotdog with Sautéed Onions
On the Side	Diced Roasted Potatoes, Minted Peas & Sweetcorn	Steamed Broccoli, Green Beans & Homemade Garlic & Rosemary Focaccia	Mashed Potatoes, Garden Peas, Baton Carrots & Yorkshire Pudding	Roasted New Potatoes, Steamed Cauliflower & Carrots Served with Gravy	Chunky Chips, Garden Peas & Sweetcorn
Dessert	Salted Caramel Choux Bun	Spiced Apple Cake Served with Custard	Lemon, Honey & Poppy Seed Flapjacks	Chocolate Sponge Served with Ganache Sauce	Eccles Cakes
Afternoon Snack	Cucumber Sticks, Pitta Pieces & Hummus	Selection of Finger Sandwiches	Homemade Tomato Salsa & Guacamole Served with Tortilla Chips	Cheddar Cheese & Courgette Or Vegan Cheese & Courgette Scones	Spinach, Tomato & Red Pepper Egg Muffin Or Spinach, Tomato & Red Onion Muffin
 Afternoon Tea	Homemade Sausage & Pickle Rolls Or Vegetable Sausage Rolls	Autumn Vegetable Soup & Homemade Wholemeal Bread	Homemade Chicken Or Mixed Vegetable Enchiladas	Mascarpone & Fresh Tomato Pasta Bake	Jacket Potatoes Served with Beans & Grated Cheese

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday				
Morning Snack	Selection of Whole Fruit	'Boost it' Homemade Granola Flapjack	Fresh Strawberries Berries with Natural Yoghurt	Date Slice Squares	Mixed Melon Slices				
Lunchtime Main Meal	Beef Brisket Burrito Served with Guacamole, Salsa & Sour Cream	Chicken Tikka Balti	Spinach & Ricotta Cannelloni	Slow Roasted Turkey Breast	Cod Goujons Served with Homemade Tartar Sauce				
Lunchtime Meat Free	Black Bean Burrito Bowls Served with Guacamole & Salsa	Chickpea & Sweet Potato Curry	Breaded Aubergine Melanzana Stack	Root Vegetable & Rosemary Crumble Pie	Buffalo Cauliflower Wings with Sweet Chilli Sauce				
On the Side	Roasted Potato Wedges & Steamed Sweetcorn	Steamed Rice, Cauliflower Aloo, Roasted Carrots & Homemade Onion Bhaji	Medley of Green Vegetables & Homemade Garlic Bread	Mashed Potato, Roasted Parsnips, Steamed Broccoli & Gravy	Chunky Chips, Steamed Peas & Baked Beans				
Dessert	Warm Waffles Served with Macerated Fruits	Homemade Lemon & Lime Swiss Roll	Tiramisu Pots	Steamed Toffee Apple Pudding with Custard	Cookie Dough Brownie Bites				
Afternoon Snack	Cucumber Sticks, Pitta Pieces & Hummus	Mini Chicken & Chorizo Or Vegetable Empanadas	Selection of Finger Sandwiches	Spinach, Tomato & Red Pepper Egg Muffin Or Spinach, Tomato & Red Onion Muffin	Homemade Tomato Salsa & Guacamole Served with Tortilla Chips				
Afternoon Tea	Jacket Potatoes Served with Beans & Cheese	Homemade Cheese & Potato Pasty	Wholemeal Pasta Bake	Mixed Vegetable Soup Served with Homemade Bread	Buffet Tea				

Date