

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

<i>Week One</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Fresh Strawberries with Natural Yoghurt	Banana Bread	Seasonal Fruit Platter
<i>Lunchtime Main Meal</i>	Chinese Style Chicken & Sweetcorn 	Macaroni Cheese	Swedish Style Homemade Pork Meatballs	Roast Turkey Breast 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Mixed Vegetable & Chickpea Ragout 	Dairy Free Fresh Basil Pesto	Root Vegetable & Mixed Bean Cassoulet 	Roasted Vegetable Savoury Turnovers	Vegetarian Sausages
<i>On the Side</i>	Rice, Cauliflower & Carrots	Steamed Broccoli & Sweetcorn	Mashed Potatoes, Green Beans & Garden Peas	Roasted New Potatoes Savoy Cabbage & Leeks Served with Gravy	Oven Baked Potato Wedges, Garden Peas & Sweetcorn
<i>Dessert</i>	Cranberry & Pumpkin Seed Flapjack	Watermelon Slices	Apple Crumble Served with Fresh Cream	Natural Yoghurt Served with a Peach Compote	Beetroot Brownie Bites
<i>Afternoon Snack</i>	Cucumber & Mixed Pepper Sticks Homemade French Onion Dip	Selection of Finger Sandwiches	Cream Crackers with Soft Cheese Or Vegan Slices	Vegan Cheese, Carrot & Chive Scones Served with Apricot Jam	Cucumber & Carrot Sticks, Guacamole & Tortilla Chips
<i>Afternoon Tea</i>	Butternut Squash Soup Served with Freshly Baked Garlic Pieces	Jacket Potato Halves Served with Homemade Baked Beans	Homemade Tomato, Pesto & Mozzarella Focaccia slice	Moroccan Chickpea Tagine Served with Couscous 	Mascarpone & Fresh Tomato Pasta Bake Topped with Mozzarella



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<i>Week Two</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Fresh Strawberries with Natural Yoghurt	Homemade Blueberry Muffins	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Beef & Red Lentil Bolognese 	Mild Chicken Korma Curry 	Mixed Vegetable Lasagne Topped with Mozzarella	Garlic & Herb Roasted Chicken Thigh 	Fresh Salmon Fillets
<i>Lunchtime Meat Free</i>	Cauliflower & Red Lentil Bolognese 	Vegetable & Split Pea Dahl 	Mushroom Stroganoff Served with Wild Rice	Mixed Bean Cassoulet 	Breaded Fishless (Quorn) Fingers
<i>On the Side</i>	Pasta, Sweetcorn, Roasted Courgette & Garlic Bread Pieces	Steamed Rice, Cauliflower & Broccoli	Roasted Carrots & Garden Peas	Herb New Potato, Kale & Roasted Butternut Squash Served with Gravy	Creamy Mash Potato Wilted Steamed Garden Peas & Green Beans
<i>Dessert</i>	Watermelon Slices	Natural Yoghurt with a Homemade Fruit of the Forest Compote	Raisin Shortbread Bites	Meringue Nests Pieces	Orange Fruit Jelly
<i>Afternoon Snack</i>	Sliced Mixed Pepper & Cucumber Sticks, Pitta Bread Pieces & Beetroot Hummus 	Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Toasted Tea Cake with Unsalted Spread	Cucumber & Carrot Sticks, Pitta Bread Pieces & Tzatziki
<i>Afternoon Tea</i>	Home Made Pork Or Vegetable Puff Pastry Sausage Roll Served with a Fresh Tomato & Red Pepper Sauce	Spring Vegetable Soup Served with Homemade Wholemeal Cottage Loaf	Homemade Chicken Or Vegetable Sliders Served with Mini Brioche Buns & Cucumber Sticks	Turkey Meatballs Or Lightly Spiced Chickpea Falafels Served with Rice & Fresh Tomato Sauce 	Cauliflower & Sweet Potato Gratin



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<i>Week Three</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Morning Snack</i>	Selection of Whole Fruit	Toasted English Muffin with Mixed Fruit Jam	Fresh Strawberries with Natural Yoghurt	Country Slice	Mixed Melon Slices
<i>Lunchtime Main Meal</i>	Creamy Butternut & Red Lentil Squash Pasta Bake 	Mild Chicken Tikka Masala 	Pork Sausage Plait	Hoisin Chicken 	Breaded Fish Fingers
<i>Lunchtime Meat Free</i>	Summer Vegetable & Chickpea Tian 	Cauliflower & Potato Saag	Mixed Pepper Frittata	Lightly Spiced Butternut Squash & Spinach Orzo Bake	Cheese & Mixed Bean Burrito 
<i>On the Side</i>	Steamed Green Beans & Sweetcorn	Mixed Pepper Rice, Roasted Carrots & Peas	Mash Potato, Cauliflower & Green Beans	Steamed Rice, Broccoli & Roasted Carrots	Roasted New Potatoes, Peas & Sweetcorn
<i>Dessert</i>	Mini Banana Muffins	Natural Yoghurt with a Homemade Fruit of the Forest Compote	Carrot Cake Bites	Apple and Plum Crumble Served with Vanilla Custard	Fairy Cakes
<i>Afternoon Snack</i>	Cucumber Sticks, Pitta Pieces with Chickpea & Red Pepper Dip 	Cream Crackers with Soft Cheese Or Vegan Slices	Selection of Finger Sandwiches	Cheese Or Vegan Cheese Twists	Summer Vegetable Platter, Pitta Pieces & Minted Pea Guacamole 
<i>Afternoon Tea</i>	Mixed Vegetable & Bean Chilli Served with Tortilla Chips 	Shepherdless Pie Topped with 50/50 Mash	Cannellini Beans in a Homemade Tomato & Red Pepper Sauce with a Fresh Wholemeal Loaf	Lightly Spiced Carrot & Coriander Soup With Homemade Parsnip & Multigrain Focaccia	Vegetable Laksa Served with Rice Noodles